

## MISSION STATEMENT

*Our mission is to provide a continuum of quality services, which promote the emotional, behavioral, educational and physical development of children, adolescents and their families.*



Facade of The Children's Aid Home



The Courtyard Trellis and swing

For more information regarding The Partial Hospitalization Program at The Children's Aid Home, Please Contact us at:

**1476 N. Center Avenue  
Somerset, PA 15501**

Or

**(814)-443-1637**

**Fax (814)- 445-8481**

**Monday through Friday**

**8:00 a.m. to 4:00 p.m.**

**[www.cahprogram.org](http://www.cahprogram.org)**



**Executive Director: Lynne Horne**

**Program Director: Ellen Forney**

**Partial Hospitalization Director:**

**Heather Foor**

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**The Children's Aid  
Home Programs of  
Somerset County Inc.**

*Established for Children in  
1889*

## THE PARTIAL HOSPITALIZATION PROGRAM



**A School and Campus-  
Based Program**



## **An Evidence and Strengths-Based Approach to Mental Health Treatment**

### **Treatment**

The Partial Hospitalization Program introduces patients to a treatment team comprised of Bachelor's and Master's level Therapists, a staff RN, a licensed child psychiatrists, and a licensed/certified school psychologist to ensure continuity of care.



The Partial Hospitalization Program offers comprehensive mental health treatment in a relaxed rural setting where patients have the opportunity to focus on symptom relief and learn positive coping skills. Additionally, The Partial Hospitalization Program strongly emphasizes and encourages family participation in all aspects of treatment planning. In this type of environment, it is our belief, that clients and their families can better understand and manage mental illness and correct any habits which maybe contributing to the presenting problem.

### **A Comprehensive Therapeutic Approach Offering:**

- Medication Management
- Psychiatric and Psychological evaluations and consultations
- Individual and Group Therapy
- Mental Health Treatment combined with Individualized educational components in a less restrictive environment .
- “Family” oriented treatment planning

### **Therapeutic and Psycho-Educational Milieu Include:**

- **Independent Living**
- **Character development**
- **Horticulture Therapy/ Therapeutic Garden**
- **Problem-Solving**
- **Drug and Alcohol Awareness**
- **Creative Writing**
- **Assertiveness**
- **Depression Management**
- **Game Therapy**
- **Artistic Expression**
- **Team building**
- **Social Skill Development**
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The Courtyard in full bloom